

AVSL Rules

2022/23



(as at 08/10/22)

1. INTRODUCTION

Athletics Victoria Shield League (AVSL) is a state-wide inter-club track and field competition, focused on getting involved and having fun. The format is a club-based competition offering a variety of track & field events throughout the summer.

This year will see some new concepts implemented to assist with the operation and process of the competition. For more information visit www.athsvic.org.au

Please Note: Due to the COVID-19 pandemic, all events and dates are subject to change.

2. GOVERNING RULES

2.1 WORLD ATHLETICS RULES

AVSL competition shall be conducted in accordance with World Athletics rules. The only exceptions and qualifications to the World Athletics rules are those stipulated within the 2022/23 Summer Competition Handbook.

2.2 AVSL SANCTIONED EVENT RULES

The 2022/23 season will have ten (10) preliminary rounds of track and field competition, and two (2) rounds of AVSL Playoffs scheduled for March 2023. All rounds (when applicable) will be State Permit Meet allowing for National Qualification. There may be situations during the season where events cannot meet sanctioning status due to resources or changes to Athletics Australia requirements. If attempting a Victorian State Record, please make officials aware at the start of your session to ensure, where possible, required officials can be at your event site.

2.3 VENUE SHARING

Venue selection will be decided by Athletics Victoria to ensure venues can facilitate all events and meet the necessary COVIDSafe requirements outlined by the Department of Health and Human Services (DHHS).

2.4 RULE DISPUTES

In the case of any disputes regarding AVSL competition rules, the AVSL Committee and Athletics Victoria Sport Delivery Team will be engaged to resolve them

2.5 RULE AMENDMENTS

Athletics Victoria reserves the right to amend rules throughout the duration of the 2022/23 AVSL season.

AVSL Rules

2022/23



(as at 08/10/22)

3. REGISTRATION

3.1 COMPETITION ELIGIBILITY

To compete and score points at a given round of AVSL, an athlete's registration must have been submitted with Athletics Victoria and approved by the Club Registrar no later than the set closing dates prior to competition.

Please see allocated closing dates at www.athsvic.org.au. If an athlete requires a Club Transfer, they will be able to complete this at any point in the season, but athletes are only permitted one (1) transfer between 1st April 2022 – 31st March 2023.

3.2 MISREPRESENTED IDENTITY

An athlete who misrepresents themselves as another athlete, during competition, will be disqualified. The competition manager will investigate any misrepresentation and may impose a penalty on any club where it was determined that the club was aware of any misrepresentation. Details of such transgressions will also be referred to the CEO of Athletics Victoria for further consideration. Where an athlete misrepresents themselves as another athlete and such transgressions are determined or notified to Athletics Victoria outside of the course of competition, Athletics Victoria may retrospectively disqualify that athlete and where appropriate impose a points penalty for any club that was aware, or reasonably should have been aware, of any misrepresentation.

3.3 ENTRY FEES

3.3.1 AVSL Package

Current members can purchase a 2022/23 AVSL Package that will include entry into all preliminary rounds of AVSL during the 2022/23 season. Athletes can only enter an event discipline once per AVSL round.

For the 2022/23 season the AVSL Playoffs ARE INCLUDED in the AVSL Package.

To compete at the AVSL Playoff rounds, athletes must have a valid performance in that event (or similar - refer Rule 6.3) as well as having competed in three (3) preliminary rounds of AVSL. If due to AVSL event's being abandoned, less than 10 rounds of AVSL are completed, athletes will only need to have competed in 1/3 of the completed preliminary rounds (rounded down). *Example – If 8 rounds are completed, athletes only need to compete in 2 rounds.*

3.3.2 Individual Round Entry

If current members do not wish to purchase an AVSL Package, members can instead purchase an individual round entry for the preliminary rounds of AVSL. Members who purchase individual rounds of AVSL must still complete a minimum of three (3) rounds to be eligible for the AVSL Playoffs (please see rule 7.2).

Athletes can only enter an event discipline once per AVSL round.

Individual Round Entries **MUST be purchased prior to the entries closing** for the round (including AVSL Playoffs) the member is looking to attend. Members who have purchased an individual round entry will be eligible to score points for their club at the AVSL round entered.

3.3.3 'Trial Entry'

AVSL Rules

2022/23



(as at 08/10/22)

Non-Members can complete a maximum of one (1) 'Individual Round Entries' as a trial athlete throughout the 2022/23 AVSL season. 'Trial Entries' are those that are not a member of Athletics Victoria currently or have been in the past.

Individuals, who are not a current member and have not been a member in the past, are to submit an online form to confirm their eligibility to be a Trial Entry.

For the 2022/23 season trialling entry requests must be submitted to Athletics Victoria before each rounds' closing date (see rule 3.4.3 for entry process). Trial entries will only be accepted if there are positions available after the registered Athletics Victoria members entry period has concluded.

These 'Trialling Entries' WILL NOT be eligible to score points for a club and will not contribute to their eligibility to compete at the AVSL Playoffs (please see rule 7.2). No 'Trialling Entries' will be available for the AVSL Playoffs.

3.4 EVENT ENTRY PROCESSES

3.4.1 Event Entry

Event entry is available to those who purchase an AVSL Package or Individual Round Entry. Event entry is available via the Members Portal up until the set closing date and time prior to competition.

Note: Entry processes for Bendigo and Ballarat venues may vary during the season. Please view relevant event links on the AV Members Portal if you wish to participate at either Bendigo or Ballarat venues.

3.4.2 On the Day Event Entry

There will be NO on the day entries for AVSL.

3.4.3 'Trial Entry'

Non-Members, who are not a current member and have not been a member in the past, are to submit an online form to confirm their eligibility to be a Trial Entry.

Non-Eligible individuals will be made aware that they must purchase a membership with Athletics Victoria to participate as they have previously been a member of Athletics Victoria.

Trial entries will be emailed an event entry link after AV Membership entries have closed. Trialling athletes will have 24 hours to enter, after this time all entries will be closed and processed. Limited positions will be available based on AV Member entries.

3.4.4 On the Day 'Trial Entry'

There will be NO on the day 'Trial Entries' for AVSL.

AVSL Rules

2022/23



(as at 08/10/22)

4. COMPETITION

4.1 TIMETABLE

Timetables may change throughout the AVSL season, and it is strongly advised that all athletes check the Athletics Victoria website (www.athsvic.org.au) prior to each round.

A maximum allocation of athletes per event will be allowed through the AVSL entry system.

4.2 UNIFORM

4.2.1 AVSL Uniform Requirements

Athletes must compete in their current and approved club uniform. Athletes should have their supplied 2022/23 Athletics Victoria Bib numbers firmly affixed to the back and front of their competition singlet or top. Athletes are only required to affix one bib number to either their front or back for vertical or horizontal jump events.

In line with World Athletics Technical Rules – Rule 5, the bib number and any of Athletics Victoria's sponsors must always be clearly visible. No bib number other than the official Athletics Victoria 2022/23 bib number or Athletics Victoria supplied substitution Numbers, shall be permitted.

Athletes under the age of 15 may wear their Little Athletics Victoria (LA Vic) uniforms at AVSL. These athletes must, however, wear their supplied 2022/23 Athletics Victoria bib numbers.

Athletes may compete in tights, leggings or tracksuit pants which reflect their approved club uniform, except when participating in the Walk competitions. Walk competitors must ensure their knees are always visible during competition.

The Competition Manager has the authority to disqualify any athlete from further competition, if the athlete concerned does not comply with Athletics Victoria uniform regulations.

4.2.2 Trial Athletes – Trialling Athlete

For 2022/23 trialling members, they will be able to wear any appropriate athletic apparel when competing as a trialling entrant (see rule 3.3) Trialling Athletes will still need to wear supplied 2022/23 Athletics Victoria Bib numbers.

4.3 GRADED COMPETITION

Athletes will compete sections, regardless of age group, division, or gender (where applicable). Para-Athletes shall compete within the competition where possible.

4.4 EVENT SPECIFICATIONS

Athletes will compete using the event specifications relevant to their championship age group as of the 2022 season (as noted below). Athletes who wish to progress to a higher specification in hurdles, steeplechase and throws to match their Championship specification must contact Athletics Victoria no later than the set closing date prior to competition round with their change of specification.

Please see allocated closing dates at www.athsvic.org.au.

AVSL Rules

2022/23



(as at 08/10/22)

Age Groups

Open 20 years of age or over on the 31st Dec 2022
 U20 18 and 19 years of age on the 31st Dec 2022
 U18 16 and 17 years of age on the 31st Dec 2022
 U16 14 and 15 years of age on the 31st Dec 2022
 U14 13 years of age and under on the 31st Dec 2022

40+ 40 to 49 years of age on the 31st of Dec 2022
 50+ 50 to 59 years of age on the 31st of Dec 2022
 60+ 60 to 69 years of age on the 31st of Dec 2022
 70+ 70 years of age on the 31st of Dec 2022

Note: For ALL Athletics Victoria Summer Championships athletes will compete in their age group as of 31 December in the year of competition.

Event Distances, Hurdle Heights & Throwing Implement weights

Male									
	Sp. Hurdles	Long Hurdles	Steeple	Walk*	Distance*	Shot Put	Discus	Javelin	Hammer
Open	110m/106.7cm	400m/91.4cm	3000m/91.4cm	Up to 5000m	Up to 5000m	7.26kg	2.00kg	800g	7.26kg
U20	110m/99.1cm	400m/91.4cm	3000m/91.4cm	Up to 5000m	Up to 5000m	6.00kg	1.75kg	800g	6.00kg
U18	110m/91.4cm	400m/84.0cm	2000m/84.0cm	Up to 5000m	Up to 3000m	5.00kg	1.50kg	700g	5.00kg
U16	100m/84.0cm	200m/76.2cm	2000m/76.2cm	Up to 3000m	Up to 3000m	4.00kg	1.00kg	700g	4.00kg
U14	90m/76.2cm	200m/76.2cm	2000m/76.2cm	Up to 3000m	Up to 3000m	3.00kg	1.00kg	600g	3.00kg
40+	110m/99.1cm	400m/91.4cm	3000m/91.4cm	Up to 5000m	Up to 5000m	7.26kg	2.00kg	800g	7.26kg
50+	100m/91.4cm	400m/84.0cm	3000m/91.4cm	Up to 5000m	Up to 5000m	6.00kg	1.50kg	700g	6.00kg
60+	100m/84.0cm	300m/76.2cm	2000m/76.2cm	Up to 5000m	Up to 5000m	5.00kg	1.00kg	600g	5.00kg
70+	80m/76.2cm	300m/76.2cm	2000m/76.2cm	Up to 5000m	Up to 5000m	4.00kg	1.00kg	500g	4.00kg
Female									
	Sp. Hurdles	Long Hurdles	Steeple	Walk*	Distance*	Shot Put	Discus	Javelin	Hammer
Open	100m/84.0cm	400m/76.2cm	3000m/76.2cm	Up to 5000m	Up to 5000m	4.00kg	1.00kg	600g	4.00kg
U20	100m/84.0cm	400m/76.2cm	3000m/76.2cm	Up to 5000m	Up to 5000m	4.00kg	1.00kg	600g	4.00kg
U18	100m/76.2cm	400m/76.2cm	2000m/76.2cm	Up to 5000m	Up to 3000m	3.00kg	1.00kg	500g	3.00kg
U16	90m/76.2cm	200m/76.2cm	2000m/76.2cm	Up to 3000m	Up to 3000m	3.00kg	1.00kg	500g	3.00kg
U14	80m/76.2cm	200m/76.2cm	2000m/76.2cm	Up to 3000m	Up to 3000m	3.00kg	1.00kg	400g	3.00kg
40+	80m/76.2cm	400m/76.2cm	2000m/76.2cm	Up to 5000m	Up to 5000m	4.00kg	1.00kg	600g	4.00kg
50+	80m/76.2cm	300m/76.2cm	2000m/76.2cm	Up to 5000m	Up to 5000m	3.00kg	1.00kg	500g	3.00kg
60+	80m/76.2cm	300m/76.2cm	2000m/76.2cm	Up to 5000m	Up to 5000m	3.00kg	1.00kg	500g	3.00kg
70+	80m/76.2cm	300m/76.2cm	2000m/76.2cm	Up to 5000m	Up to 5000m	3.00kg	1.00kg	500g	3.00kg

**Please review AVSL Timetables to confirm Distance allocation for athlete age groups in that round of AVSL*

**Highlighted updated in latest rules, incorrectly included as 91.4cm in rules published 19/09/22*

Hurdles – flights, spacing & track marking colour

Distance	No. of Flights	Distance start to first hurdle	Distance between hurdles	Distance last hurdle to finish	Colour
400m	10m	45m	35m	40m	Green
300m	7m	50m	35m	40m	Green
200m	10m	18.29m	18.29m	17.10m	Purple/Pink
110m	10m	13.72m	9.14m	14.02m	Blue/Red
100m	10m	13m	8.5m	10.5m	Yellow
90m	9m	13m	8m	13m	White
80m	9m	12m	7m	12m	Black

Steeplechase

3000m Steeple (35 steeples - 28 Hurdle, 7 Water Jumps)	2000m Steeple (23 steeples- 18 Hurdle, 5 Water Jumps)
Water Jump outside track - 7.2 laps	Water Jump outside track - 4.75 laps
Water Jump outside track - 7.6 laps	Water Jump inside track - 5.2 laps

AVSL Rules

2022/23



(as at 08/10/22)

No steeplechase will be jumped until athletes pass the finish line for the first time	
---	--

4.5 PERSONAL IMPLEMENTS

Athletes may use their own implements for field events, unless COVID Safe protocols deem it unsafe to do so. Such equipment should have a Weights and Measurements' Certificate completed in season 2022/23 or verified on the day of competition. **Note:** In the case of pole vault events, no competitor shall be allowed to use any other competitor's vaulting pole, except with the consent of the owner.

4.6 COMPETENCY / AGE RESTRICTIONS

To compete in the hurdles, steeplechase, pole vault and/or hammer throw, an athlete must be at least 12 years of age as of December 31, 2022, and must demonstrate a sufficient level of competency in the event that they have nominated to compete in. This decision is to be made in conjunction the event site officials and Competition Manager. The Competition Manager is then to make the final decision and make the athlete aware of the outcome.

4.7 EVENT DISCIPLINE ENTRY RESTRICTIONS

An athlete may only compete once in a given track and field discipline, at a given round of AVSL regardless of whether they are competing for points or by invitation. Athletes cannot compete in multiple age group specifications of the same (or similar event – refer Rule 6.3) track and field discipline, at the same round of AVSL (e.g. 100m Hurdles and 110m Hurdles).

If a timed session program is undertaken, athletes cannot enter more than one (1) timed session in total during the same AVSL round.

4.8 CHECK-IN

Event Registration Check-In is not required for AVSL. Athletes will not need to check-in for events on the day as in previous seasons. Athletes will only need to advise the field event officials at the event site if they are scratching from a field event.

Track events will be pre-seeded and if an athlete does not appear for their relevant heat, the event will operate with a blank lane. If athletes miss their time slot, the athlete will be allowed to compete in a later heat if there is availability but will not score points.

4.9 WITHDRAWAL/SCRATCHING

Athletes must pre enter online for events before the closing date of each round.

Track sheets will be pre-seeded therefore if an athlete wishes to scratch from a track event, the event will operate with a blank lane. Track athletes should be at their event site no later than 10 minutes before the event start time.

Field athletes must report into the event site no later than 10 minutes before the event start time to allow those on the wait list the opportunity to compete. Athletes who are not at the event site prior to the commencement of the event will be scratched.

Athletes must pre-register online for the field event waitlists, where offered, before the closing date of each round. If an athlete is scratching from a field event, they **MUST** notify the officials at the event site to allow those on the waiting list the opportunity to fill the vacant spot.

AVSL Rules

2022/23



(as at 08/10/22)

Athletes on the wait list should report into the event site 10 minutes before the start of the event to confirm their place in the event. Athletes who have not pre-registered will not be eligible to compete.

4.10 TRACK EVENTS

4.10.1 Heats

All registered track and field athletes wishing to compete should pre-enter via their membership portal on the Athletics Victoria website www.athsvic.org.au. Athletes must submit their individual entry before the published closing date to compete.

Track Heats through the 2022/23 season may vary.

The starters marshal must run the pre-seeded athletes in the order of the seeded start list. If an athlete does not show for his/her event, then the event will run with a blank lane. There will be no promotion from later heats.

4.10.2 40+ and Para Start Rules

Para athletes will be required to follow the World Para Association rules regarding the use of starting blocks for their classification.

40+ are not required to use starting blocks, but if not using starting blocks athletes must start from a standing position or a crouch start (two hands must be in contact with the track when starting in a crouched position).

Any venue rules will supersede the above rules.

4.10.3 False Start

If an athlete breaks, the athlete is disqualified but will be allowed to run to receive a time in the same heat. The Starter's Marshal needs to notify the scorers that this athlete cannot score points and is now competing as a disqualified athlete. If an athlete breaks a second time, they will not be eligible to run as a disqualified athlete.

A time run by the disqualified athlete will be able to be obtained but it will not be valid for National Qualifiers or a Victorian record. Per rule 6.1 a disqualification is a recorded performance and will count towards AVSL eligibility.

Due to AVSL competition being a graded competition, this applies to all age groups.

4.10.4 Practice Starts

If time permits, athletes will be allowed one practice start, utilising starting blocks, for all laned track events.

4.10.5 Hurdles

Hurdle events will be run by hurdle height and may be gender mixed.

4.10.6 Relays

To contest a relay at AVSL, athletes must be registered for the 2022/23 season to score points.

Clubs must nominate the number of their relay teams 60 minutes prior to the event to the Administration team. No late entries will be accepted.

AVSL Rules

2022/23



(as at 08/10/22)

Relay teams will be run in gender unless other noted on the timetable. If a relay event is noted as mixed, the team must contain 50% female and 50% male. Relay team scores will be age adjusted based on athlete oldest athlete if it is a junior team, or youngest athlete if it is a master's team. If a relay team contains both 40+ and junior athletes, the team will be noted as an open team.

A club may run a mixed gender team, in any ratio, in a male relay at AVSL. The score provided for the relay team will be calculated using the male scoring tables.

Team sheets (with athletes' bib number and name) must be submitted before the completion of the day's competition. If a team sheet is not submitted on time, then that team will be given invite status.

Venues may allow combined club teams to participate in a relay. This relay team will be non-scoring and be marked as invitational for results.

4.10.7 Lane Draw

Lane order and allocation will be via a pre seeded start list by Athletics Victoria. The Starter's Marshal will ensure athletes are placed in lanes based on the pre seeded start sheet and communicate with Photo Finish before the race starts.

4.10.8 2000/3000/5000 Metre Track Events

In all 2000/3000/5000 metre track events, Athletics Victoria clubs must provide a lap scorer for each competing athlete that starts the race. It is the expectation of clubs/athletes to have a lap scorer present prior to the start of the event, and venues to announce 15 minutes prior to the commencement of the event to request lap scorers.

Failure to do so may result in the disqualification of the athlete.

4.11 FIELD EVENTS

4.11.1 Maximum Athletes Per Event Site

A maximum allocation of athletes per timetabled field event session will be allowed through the AVSL pre-entry system.

4.11.2 Field Attempts & Warm Up

To ensure all athletes have an opportunity to participate, World Athletics rest periods may not be followed.

In some instances, athletes may not have an opportunity to have a practice/warm up attempt, this opportunity will be provided on an event-by-event basis. This process will be reviewed throughout the season, any changes will be communicated to members via email and published on the AV website.

4.11.3 High Jump

The progressions in the high jump shall be 5 centimetres. Athletes must nominate their minimum starting height when signing in for their event. The lowest starting heights for high jump are featured in the event timetables, with any height caps also listed (if no top height is listed, there is no height cap in the sheet).

AVSL Rules

2022/23



(as at 08/10/22)

In high jump competitions each athlete will have a maximum of eight (8) attempts unless eliminated with three (3) consecutive fouled attempts. Even with a successful clearance, athletes cannot progress past the height limit set by the timetabled event (unless allowed under rule 4.13).

All venues within the round MUST follow the same lowest start height listed in the timetable and hit the same progressions throughout the competition.

4.11.4 Pole Vault

In pole vault competitions, jumpers will be permitted to jump until they are eliminated by posting three (3) consecutive fouled attempts. Athletes must nominate their minimum starting height when signing in for this event.

The lowest starting heights for pole vault are featured in the event timetables and must only progress in 15cm increments, any height caps for sheets will also be listed (if no top height is listed in the timetable, there is no height cap in the sheet).

All venues within the round MUST follow the same lowest start height (unless equipment does not allow participation at the lowest height in a safe manner) listed in the timetable and hit the same progressions throughout the competition.

An adjustment to the World Athletics time allowed between jumps for Pole Vault has also been implemented.

AVSL Time allowed for Pole Vault

More than 3 athletes or first trial in the event	1 minute
2 or 3 athletes	1.5 minutes (Down from 2 minutes)
1 athlete or consecutive trials	3 minutes (Down from 5 minutes)

Pole Vaulters competing within the Metro Region, must compete within their club zone allocation. Zone A athletes must compete at the Zone A venue, and Zone B athletes must compete at the Zone B venue.

4.11.5 Throws Event Pegging

In discus, javelin and hammer, all attempts will be pegged and only an athlete's longest throw will be measured and recorded. If an EDM is available, it can be used instead of pegging distances once approved by the Competition Manager.

4.11.6 'Throw/Jump and Go' Sheets

To allow more opportunities for those athletes wishing to participate in throwing/jumps events there will be 'Throw/Jump and Go' sheets. These sheets will allow those athletes looking to throw/jump once to obtain points for their club.

Athletes will only have one (1) attempt, regardless of a foul, if entered in a 'Throw/Jump and Go' sheet.

4.12 Records & Qualifiers

If an athlete is looking to achieve a record or qualifier, Athletics Victoria and Venue Officials must be notified in advance. A minimum of three (3) athletes must compete in that competition. If a record is

AVSL Rules

2022/23



(as at 08/10/22)

achieved, then athletes will be asked to leave the implement used in order to be ratified. In field events, all records must be steel taped to be ratified.

4.13 Extra Attempts

In the horizontal jumps, throws and high jump events the Competition Manager and relevant event officials will have the discretion to allow additional attempts to the top three (3) male and female athletes during 'Controlled' sheets if time permits.

Extra attempts will be recorded and ratified for qualification and record purposes but will not be eligible for AVSL points. AVSL points will be awarded from the original attempts.

4.14 COVIDSafe policies

All attendees must abide by all Athletics Victoria COVIDSafe policies and guidelines while attending AVSL competition. Individuals not abiding by these policies and guidelines may be warned, disqualified, or asked to leave the venue. Athletics Victoria's policies and guidelines may change throughout the season, and it is the responsibility of all attendees to be aware of the most up to date policies and guidelines

AVSL Rules

2022/23

(as at 08/10/22)



5. ATHLETICS VICTORIA SHIELD LEAGUE (AVSL)

5.1 DIVISION TABLES

Clubs will be allocated to the following divisions for season 2022/23:

Premier Division	Division 2	Division 3	Division 4	Division 5
Box Hill	Ballarat Harriers	Athletics South-West	Ivanhoe	Bendigo Uni
Chilwell	Bendigo Harriers	Bellarine	Ballarat YCW	Deakin
Collingwood	Geelong Guild	Casey Cardinia	Brunswick	Maccabi
Diamond Valley	Keilor St Bernard's	Coburg	Williamstown	Mansfield
Doncaster	Mentone	Corio	Melbourne Uni	Old Melburnians
Eaglehawk	Mornington	Eureka	Old Scotch	Old Xaverians
Essendon	Nunawading	Frankston	Preston	Richmond
Glenhuntly	Sandringham	Knox	St Kevin's	Shepparton
Western Athletics	South Bendigo	Ringwood	Dandenong-Springvale	South Coast
Wyndham	Wendouree	Waverley-Malvern	Yarra Ranges	South Melbourne
				St Stephen
				Vic Masters

5.2 AVSL Playoffs

In all Divisions, clubs that finish in the top 5 at the conclusion of the preliminary rounds will compete against each other for the division Premiership. The bottom 5 teams at the conclusion of the preliminary rounds in Premier Division through to Division 4 will compete against each other to avoid relegation.

The club that has the highest club score in the AVSL Playoffs will be awarded the Divisions Premiership Shield.

5.3 PROMOTION/RELEGATION

Clubs that finish first (1st) and second (2nd) at the AVSL Playoffs in Division 2, Division 3, Division 4 and Division 5 will be promoted to the higher division.

The lowest two scoring clubs competing in the relegation zone during the two AVSL Playoff rounds in Premier Division, Division 2, Division 3 and Division 4 will automatically be relegated to the lower division.

AVSL Rules

2022/23



(as at 08/10/22)

6. AVSL SCORING

6.1 DEFINITIONS

Recorded Performance - The best performance of recorded attempts, excluding did not start (DNS).

Scoring Performance - the best performance of recorded attempt after being adjusted if required as stated in rule 6.2.

Valid Performance - Any athlete who genuinely competes in an event, including disqualification (DQ), no measure (NM), or did not finish (DNF), is still deemed to have competed.

Club Score - Is the total number points assigned to a club after any relevant adjustments have been applied.

6.2 POINTS SCORING

For each event and specification, the AVSL Scoring table (available on Results Hub) specifies performance values associated with point scores of 100, 200, 300, 400, 500 and 600 – these are known as key marker performances and key marker points. There are separate scoring tables for the men and women.

Points are calculated and awarded thus:

- i. An actual performance will be adjusted in the following situations and order:
 1. Para-athletes, 40+ athletes, junior athletes in competition will have their performance adjusted as per the published adjustment tables.
 2. Any manual timed track event will have an adjustment factor added (0.14 seconds for events starting at the Finish line, and 0.24 seconds for all other events)
- ii. The resultant adjustment by either or both of the above, will become the athlete's scoring performance.
- iii. Any performance not covered by the above, the actual performance is the scoring performance.
- iv. If a scoring performance equals any of the key marker performances, then the associated key marker points value is assigned as the points scored.
- v. If a scoring performance lies between two key marker performances, then points awarded shall be a linear pro-rata assignment between the higher and lower key marker points.
- vi. If a scoring performance is below the 100-point key marker performance, no points shall be awarded. All point scores are rounded down to the nearest whole number (i.e., no fractions), hence similar performances may be awarded the same points score.
- vii. If the performance of an athlete in a track event is not recorded by a designated official, and after due process the record of performance cannot be reconstructed, the athlete has the option of a re-run at a suitable time on the day of competition offered by the Competition Manager or accept a default score of 100pts. In all situations, the performance shall count for eligibility.

6.3 SIMILAR EVENTS AND SCORING

Athletes competing might do so with differing specifications. For this purpose, if/when following events are held, they will be grouped for scoring:

- i. Sprint Hurdles (includes 80m, 90m, 100m and 110m)
- ii. Distance Hurdles (includes 200m, 300m and 400m)
- iii. Steeplechase (includes 2000m and 3000m)
- iv. Walks (includes 1500m, 2000m, 3000m and 5000m)
- v. Distance Run events (3000m & 5000m)

Athletes may only compete in one event from each group during an AVSL Round. (e.g., An athlete can only compete in the 3000m or 5000m during an AVSL round, they cannot compete in both.)

AVSL Rules

2022/23



(as at 08/10/22)

6.4 ATHLETE SCORING LIMITS

Athletes will have their points score for each event, or similar event, ranked in order from best to lowest. The best three (3) individual event scores for each athlete from each individual club will be accrued. Athletes can also participate in one (1) relay each round that will contribute to the total club score.

If a Nitro Round is held, athletes will be eligible to score in the best three (3) individual event scores for each athlete from each individual club will be accrued. Athletes can also participate in two (2) relays for Nitro round that will contribute to the total club score.

6.5 PENALTY UNIT

10% of the club score from the round of AVSL. (See Rule 7.3 & 9.2)

6.6 LADDER POINTS

After each round of AVSL, ladder points shall be awarded in each division. Ladder points are only awarded to clubs that score club points:

1st will be awarded points equal to the number of teams in the division. Each position following 1st will be awarded 1 less point than the team above. (e.g. 3rd position will be awarded one less point than 2nd)

Example

- If the division has 10 Teams – 1st = 10 points, 2nd = 9 points, etc. to 10th = 1 point.
- If the division has 11 teams – 1st = 11 points, 2nd = 10 points, etc. to 11th = 1 point.

If clubs finish on the same club points at the conclusion of a round, ladder points will be combined and split evenly between the two clubs.

6.7 POWER PLAY

Clubs will have the opportunity to play one (1) power play each season to double their Ladder Points for the individual round. The Power Play can only be played during the preliminary rounds. To activate the Power Play, a club representative must contact Athletics Victoria no later than the set closing date prior to competition round. Please see allocated closing dates at www.athsvic.org.au.

If a club plays their power play on a particular round that is cancelled before or during the event. The power play will be reinstated to the club and can be played at an alternative round. If a club plays their powerplay on the final preliminary round the power play will be used on the previous round.

If a club does not play their power play across any rounds of the AVSL season. The power play will then be forfeited, and no double points scored for that club.

6.8 INCOMPLETE ROUNDS

If one venue is abandoned before completion the scores for that round shall not stand for all meets.

If a club has played their Power Play in the abandoned round, the Power Play will be reinstated for a future round. If played in the last preliminary round, the Power Play will be retrospectively played for the previous round.

AVSL Rules

2022/23



(as at 08/10/22)

6.9 RESULTS

Athletes/Club Managers are encouraged to query the result on the day with administration / Competition Manager. If not queried on the day, Athletes/Club Managers will have the opportunity to query a result through the Athletics Victoria website up to and no later than Monday 5:00pm following the completed round of competition. After this time no amendments will be made to the scored results/AVSL Ladders.

6.10 TIED LADDER POSITION

Following the preliminary rounds, if two (2) or more clubs finish with the same ladder points that increases the number of clubs required to participate in AVSL Playoffs, the clubs will be compared via their cumulative season points. If clubs have equal points, they will be compared head-to-head across preliminary rounds. If clubs have equal wins across the season, a decision will be made by a coin toss.

7. AVSL PLAYOFFS

Eligibility to represent a club in the AVSL Playoffs shall be determined by an athlete's participation in the preliminary rounds as defined by the following rules:

7.1 EVIDENCE OF PARTICIPATION

Evidence of participation in preliminary rounds of competition shall be based on data provided by the AV sanctioned computer scoring system.

There is an onus on clubs to check the accuracy of the data generated by this program during the season, refer to rule 6.10

A club may ask to inspect the original result sheets if the computer data is considered to be inaccurate.

7.2 PARTICIPATION REQUIREMENTS

To compete at AVSL Playoffs, athletes must have a recorded performance in that event (or in an event listed as similar - refer rule 6.3) at AVSL, as well as having competed in three (3) preliminary rounds of AVSL. If due to AVSL event's being abandoned, less than 10 rounds of AVSL are completed, athletes will only need to have competed in 1/3 of the completed preliminary rounds (rounded down). *Example – If 8 rounds are completed, athletes only need to compete in 2 rounds.*

Athletes that have eligibility to participate at an individual event at AVSL Playoffs are eligible to participate in any relays held at AVSL Playoffs.

Athletics Victoria will retain the discretion of eligibility for the AVSL Playoffs.

7.3 AVSL Playoffs Scoring

AVSL Playoffs will be scored as a total across two weekends of virtual competition held at five (5) venues.

All points scored will be totalled across the two weekends for each club, with the combined Weekend 1 and Weekend 2 scores used to award the premierships.

Eligible athletes will have the ability to score, in line with the ten (10) preliminary rounds, in three (3) individual events and one (1) relay on both Weekend 1 and Weekend 2 of the AVSL Playoffs.

AVSL Rules

2022/23



(as at 08/10/22)

7.4 ELIGIBILITY BREACHES

If a club allows an ineligible athlete to compete in the AVSL Playoffs, they will lose all points scored by the athlete in the events for which he/she is ineligible. In addition, the athlete's club shall be penalised one (1) penalty unit from its score for each transgression by each offending athlete.

7.5 INCOMPLETE FINALS

If circumstances prevail that prevent the completion of the full AVSL Playoffs, premierships will be awarded if 75% completion of the meet occurs. 75% completion of a meet is based off the number of event results compared to the total event pre-entries for the meet. The AVSL playoffs meet includes both weekend 1 and weekend 2.

Premierships will be awarded to the leading club in each division, based on the scores of athletes with recorded performances at the time the competition ceased.

In the AVSL Playoffs, if less than 75% completion has occurred, Premierships and Promotion/Relegation will be awarded based off the final AVSL ladder standings following the completion of round 10.

AVSL Rules

2022/23



(as at 08/10/22)

8. DISPUTES

Protests relating to matters that occur or develop during competition at a given round of AVSL should be made no later than 30 minutes after the conclusion of the event to the Referee and/or Competition Manager. Any protest shall, in the first instance, be made orally to the Referee controlling the event. The Referee may decide on the protest or may refer the matter to the Jury of Appeal. If the Referee makes a decision the athlete has the opportunity to appeal that decision to the Jury of Appeal. The Jury of Appeal will comprise three (3) Athletics Victoria members (each of whom is from Athletics Victoria clubs not involved in the protest) and will be appointed by the Zone Competition Manager.

The appeal to the Jury must be submitted in writing on the approved Athletics Victoria form (available from the Administration Manager), signed by a club representative, and be accompanied by a \$50 deposit. The deposit will be forfeited if the protest is considered frivolous by the Jury of Appeal. The Jury of Appeal's decision is final.

9. OFFICIALS AND CLUB DUTIES

9.1 REQUIREMENTS

In metropolitan zones, Athletics Victoria will advise of official's availability to all venues. Athletics Victoria will then appoint key officials and event supervisors for the AVSL competition; it is at the host zones discretion if they wish to reallocate roles following the first draft of allocations sent out by AV.

Additionally, zone committees will roster metropolitan clubs to provide 'club helpers' for duties at all rounds of AVSL competition. Athletics Victoria clubs will provide the 'club helpers' in accordance with the roster and numbers specified by each zone; club helpers will assist in conducting the events. An event may only commence when a sufficient number of officials/club helpers are in place. If a rostered club does not provide the required club helpers (as detailed by the relevant Zone/Region Committees) 15 minutes prior to the scheduled start time of an event, the event may not be held. In country zones, the number of officials supplied by an Athletics Victoria club at its venue for AVSL shall be determined by the local Region Committee.

Metropolitan clubs that travel to regional venues with greater than 5 athletes will be expected to assist with a minimum of 1 club helper per 5 athletes per club. Please see rule 9.2 for penalties for not providing this assistance.

9.2 PENALTIES

Any club that fails to provide their allotted number of club helpers for a role by the specified time as detailed by Athletics Victoria and AVSL Zones can be penalised. The AVSL zone is to work with the club that was unable to provide club helpers, if club and AVSL zone cannot come to a resolution, penalties can be issued by Athletics Victoria and supporting AV Committees with sanctions including but not limited to: club penalty unit implementation, monetary fines, and affiliation review.

10. UNFAVOURABLE WEATHER CONDITIONS

In the event of inclement weather conditions on the day of AVSL Competition, any decision to cancel the meet, and/or modify the length or distance of events shall be made by the Competition Manager in consultation with the Referees. The Competition Manager is also empowered to alter the direction of track sprint events, in the event of unfavourable weather conditions athletes who provided a mobile phone number with their AVSL round entry will receive an SMS notification if competition is cancelled. Athletics Victoria acts in accordance with Sports Medicine Australia's unfavourable

AVSL Rules

2022/23

(as at 08/10/22)



weather guidelines. To view these guidelines in detail, please refer to the Athletics Victoria website (www.athsvic.org.au).