



**WESTERN
CAPE**

Regional news

Annual WC Trophy Awards

It is that time of year again!!

Please follow this link to submit your nominations for the Annual SA Sailing WC Trophy Awards.

[SA Sailing WC Trophy Award Nominations - 2023 Season - South African Sailing](#)

Nominations closes 30 April 2024.

Milnerton Aquatic Club

Mac 24hr





Zeekoei Vlei Yacht Club

Junior Training'



Zeekoe Vlei Sailing Centre

ZVSC has started sailing training for some of the schools in the area. Lance Curtis, manager of the Sailing Centre, has been visiting schools to encourage them to learn to sail.

The schools currently signed up for learn to sail lessons are Sid G Rule Primary School, EC Primary School, CAFDA School of Skills and Lotus High School. Hyde Park Primary School has recently joined.

The training takes place after school from Monday to Thursday. There are 7 learners from each school and the training session is two hours. The young sailors began in middle January 2024 and have learnt very quickly, they are sailing on their own round the course.

Below are photos of the young sailors in action.



Royal Cape Yacht Club



Admiral's Regatta by Sibu Sizatu

After weeks of preparations, the much-anticipated Admiral's Regatta hosted by Hout Bay Yacht Club, finally arrived, yet the wind showed no mercy. On the day of the Admiral's Regatta, the wind consistently built from the southeast. We had four teams competing after myself and several instructors sailed the boats around from Cape Town to Hout Bay last Thursday. Sailing was; *Co-Ordination* skippered by Azile Arosi, *Escape* skippered by Renaldo Mohale, *B&G* skippered by Lebogang January & Yobanathi Klaas, and *Mephistopheles* skippered by Thando Mtambo. The race started on time, and off the line, *Mephistopheles*, had the best start. However, shortly after, *B&G* overtook them. During the second leg, the wind gradually increased, prompting two of our three teams to switch to J3 sails. Although *B&G* led on the next downwind leg, they eventually dropped back. Despite maintaining *Co-Ordination*, their backstay gave way. The bridge called for a continuous course, requiring each boat to cross the finish line and then proceed to the harbour entrance which would be the John Coles race. However, two of our academy boats failed to cross the finish line and were marked as Did Not Finish (DNF).

It seemed that *Co-Ordination* failed to learn from their earlier mistake when they lost the backstay, as they hoisted the kite again at the windward mark and reached towards the finish line with a breeze of 28 knots. However, halfway to the finish, *Co-Ordination* lost their mast as they encountered a heavy gust of wind. The team was unfortunately quite far behind the fleet and were determined to catch up, and therefore made the decision to hoist their kite.

Several lessons were learned from this experience, however two definitely stood out:

1. When using a No. 3 sail with the wind building, it's a sign not to hoist the spinnaker, especially if larger boats are also dropping or not using their kites.

2. A broken backstay serves as a warning that the mast could be the next component to fail, as there is nothing preventing it from breaking.

Unfortunately, only the two races were sailed on Saturday as the wind was too strong and Sunday sailing was cancelled.

Our very own *B&G*, skippered by Lebogang January and Yobanathi Klaas, came SECOND in the overall offshore Keelboat Class.

"This year was the third year that I took part in Hout Bays Admirals Regatta, and we had the best time competing!"

My sailing this last weekend was a scary, yet exciting experience due to the strong winds. When the race was about to end, I had an unpleasant emotion as I witnessed my friends onboard Co-Ordination snap their rig after the backstay had earlier given way. Apart from us tearing a small hole in our jib, we had no damages and overall a fun regatta!"

-Buyekezwa Mthini onboard *Escape*

Photographer credits to Alec Smith of Imagemundi



George Lakes Yacht Club

Inter Schools Regatta

George Lakes Yacht Club hosted the 2024 Eden District Inter Schools Regatta at its Island Lake venue over the weekend of 16 / 17 March. The event attracted 29 boats in the High Schools fleet and 14 in the Primary Schools fleet. The High Schools fleet had entries from seven Mossel Bay and George schools and the Primary Schools fleet had entries from four George and Sedgefield schools.

The first day had a changing wind, initially from the west, veering to south west before going south and fading to nothing. The wind strength also varied during this process, producing challenging conditions from the participants, for many of whom this was their first regatta. Four races were completed for the High Schools fleet and three for the Primary Schools fleet. On Sunday, the wind filled in from the south east and increased in strength during the day. This proved to be overwhelming for many of the novices and capsizes and retirements resulted. Two further races were set for both fleets, with just one boat finishing the 2nd race in the Primary Schools fleet.

In the racing, Daniel Kruger on ILCA 6 (York High) was first to finish in most of the races, also winning on the handicap system. It was only in race 5 that the Topaz of Amyoli Elefu and Wandile Nkomo (Sao Bras) succeeded in getting line honours, ahead of Christiaan Cilliers (Point High). The handicap system gave the race win to Cilliers, ahead of the Topaz. Overall, Daniel Kruger was the individual winner in this fleet. Consistent results in the top three gave second place overall to Christiaan Cilliers. Behind, the leaders were

chased by the York Dabchicks, sailed by Joshua Eichbauer and Tylor Locke, with Eichbauer getting third place overall.

In the Primary Schools fleet, up front were three Optimists, with the O9ers following. In the lighter winds of Saturday, Cameron Simpson (Hoekwil Primary) won all three races, with Milan Nel (Optimist, Seabridge) getting the 2ndspots. On Sunday, race 4 was won by Anve-Kyle de Bruin (O9er – Pacaltsdorp Primary), with Leopold Kruger (Optimist, Seabridge). It was only Milan Nel who was able to finish the last race. Cameron Simpson and Milan Nel tied on points for first place, Leopold Kruger was third.

As regards the Inter Schools aspect of this regatta, in the High Schools fleet, it was the York High team announced as the winner, ahead of the Mossel Bay schools Hillcrest High and Sao Bras. In the Primary Schools fleet, the winning school was Pacaltsdorp Primary with Seabridge second and Hoekwil third