

Performance & Training

The ITA will be conducting an Anti-Doping International Federation Webinar Series on World Sailing's behalf. This is a great opportunity for Anti-Doping education, particularly in an Olympic year. Athletes and coaches looking ahead to potential international participation are strongly encourage to attend.

The schedule of these sessions is below, and registration can be done via each link:

Webinar Theme Date and CEST Time Registration Link

WEBINAR SERIES	
9 Apr	INTRODUCTION TO ANTI-DOPING
16 Apr	THE DOPING CONTROL PROCESS
23 Apr	MEDICATIONS, SUPPLEMENTS, PROHIBITED LIST AND TUES
30 Apr	VALUES, CONSEQUENCES, AND REPORTING
7 May	OUT-OF-COMPETITION TESTING
All webinars from 14:00 to15:00 CEST الدرية I ENGLISH I ESPANOL I FRANÇAIS I РУССКИЙ I 普通话	

- Introduction to anti-doping Overview of the system, rights and responsibilities, ADRVs Tuesday 9 April 14:00-15:00 <u>https://us06web.zoom.us/webinar/register/WN_OMvNzXaSQ12VkDetvLBC4Q#/registration</u>
- The Doping Control Process
 Includes testing procedures (urine and blood) and ABP Tuesday 16 April 14:00-15:00

 https://us06web.zoom.us/webinar/register/WN 7CF8QR74T8uwJ5MAgH9gnA#/registration
- Medications, Supplements, Prohibited List and TUEs Includes the Principle of Strict Liability Tuesday 23 April 14:00-15:00 <u>https://us06web.zoom.us/webinar/register/WN_5CRE9bk1SnyAO9nFPrIm6g#/registration</u>
- Values, Consequences, and Reporting Includes decision-making and athlete testimonials Tuesday 30 April 14:00-15:00 <u>https://us06web.zoom.us/webinar/register/WN_C0z0VqszSfW01RDmkCAkBw#/registration</u>

 Out-of-Competition Testing Includes requirements of RTP/TP, whereabouts, use of ADAMS Tuesday 7 May 14:00-15:00 <u>https://us06web.zoom.us/webinar/register/WN_RDD72k3-QYikbVAqp_-XQ#/registration</u>